



Ruhkala a Leadership Academy

January 29, 2018

Inspired to Learn. Committed to Lead

Ruhkala Website: <http://rues.rocklinusd.org/>

Follow us on Twitter: [@RuhkalaLeaders](https://twitter.com/RuhkalaLeaders)



Kindergarten Registration

Our Kindergarten Information Night was last week's exciting event. It was our pleasure to welcome soon to be Huskies and their parents. We had an opportunity to share with them our exciting kindergarten program. Enrollment for kindergarten is open and in full swing. As of this morning, we have enough completed registrations to fill one and a half of our two classes. NOW is the time to register your child for kindergarten at Ruhkala. You can begin the registration process by clicking [HERE](#). Please note that the time and date stamp of your enrollment submission occurs when all documents are brought to the school office not at the time of online submission. If you have completed the online portion but have not submitted your documents please do so at your earliest convenience. We are here to help - just ask.

A kindergarten special moment: Author, and Ruhkala parent, Mr. Marc Schmatjen creating fantastic stories with kindergarteners from Mrs. Yamasaki's class. They are now authors too!





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PTC Update

<http://www.ruhkalaptsc.com>

SOOOO many flyers in your take home folders!! What to do?!!! This just means there are two great events coming up for our Husky Pack!

Our Valentine Family Dance is coming up on Friday, February 9th from 6-9pm. Dress to impress! Your tickets include refreshments, treats, a photo booth and fun! Tickets are on sale now for \$10 a person. Send in your payment to the office by 2/7 please! \$15 at the door. Students MUST be accompanied by an adult at all times.

BOOK A SITTER and come have some FUN!

Our Ruhkala Round-up Silent Auction and Dinner is coming up!

Friday, March 2nd at the Blue Goose in Loomis. This is a great night to get to know your Husky community while enjoying a delicious Tri-tip and Chicken BBQ dinner catered by Randy Peters! We are collecting amazing auction items in a wide range of values. Bidding is not your thing? Grab some friends and join us anyway for drinks, dancing, and supporting our school. Tickets are on sale now for \$35 per person. Sponsor a table of 10 for \$450 and feature your business at a PRIME reserved table location. Purchase your tickets now and score a couple drink tickets!

Thank you to all who donated to the Staff Lunch last week! We had a great time at our free movie night on Friday. Hope you enjoyed it and thanks for joining us!

Join us Tuesday, February 9th at 2:30 for our next PTC meeting in Mrs. Brown's classroom. Kids are fine to join and start homework.

Thank you,
Your Ruhkala PTC

Go Huskies!



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Monday

Early Engineers 1:30-2:30 in Room 12

Tuesday

100th Day of School!

Choir Practice (3:30-4:30/Room L)

Wednesday

Ukuleles (3:30-4:30/Room L)

Thursday

Ruhkala K-2 Spanish Club (2:30-3:00/Ms. Salata's Classroom/Room K3)

Running Club Begins Multipurpose Room 2:30 to 3:30

Friday

Leadership Assembly (7:45-8:00/Multi)

Fire Drill 8:30



STEP RIGHT UP

Save the Date

Spring Carnival!

April 13, 2018

5 - 8pm

WE BELIEVE IN SUMMER CAMP FOR THE WHOLE KID

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Sign up at getsomeedmo.org

SOMETHING PRETTY MAGICAL HAPPENS AT CAMP EDMO

Kids stretch their imaginations. They tackle new challenges. They discover their creative potential, the thrill of science and engineering, and the beauty of the natural world.

In the process, they unleash their native curiosity and tap into new reserves of courage. They also learn that the more they practice kindness — to themselves and others — the happier they feel.

This entire experience is the product of the EDMO Method we've been perfecting since 2004. Your kids will love it, and they'll learn from it.



WE BELIEVE IN CREATING WELL-ROUNDED HUMANS

We know it in our hearts, and research confirms it — kids who are curious, courageous and kind are happiest. They evolve into the sort of passionate, balanced human beings who make the world a better place.

Our two founders created EDMO to nurture this kind of growth. Campers enjoy a lively blend of indoor and outdoor activities peppered with rallies, games, and lots of collaborative lab time. It's the perfect summer setting for kids to develop mind, body, heart, and spirit.



WE BELIEVE IN STAFF WHO LEAD BY EXAMPLE

Like each camper, each of our staff members is on his or her own journey of self-realization. We shower them with care, training and support. We provide them a rock-solid framework for teaching. Then we give them latitude to lead. Kids' experience of camp is their experience of their Counselors and Instructors. Your kids are in good hands.

WE BELIEVE IN GLORIOUS DIVERSITY

EDMO is structured as a non-profit, to give all kids access to the pleasures and rewards of summer camp. Diversity is an uplifting dimension of the EDMO experience. When kids from a range of economic backgrounds learn to relate to and have fun with each other, the impact is profound. Currently, 27 percent of our campers receive some level of financial assistance. We won't rest until we've grown that number to at least 50 percent.



WE BELIEVE IN GIVING YOU ALL THE DETAILS

You can visit our web site to find a ton more camp info and sign up. To get you started, here are the essentials:

- Age-targeted programs for kids from Pre-K to 8th grade
- Curriculum developed by Edventure More in partnership with the California Academy of Sciences, the Children's Creativity Museum and PBS KIDS Design Squad Global
- 25+ Bay Area and Sacramento Area locations
- June–August 2018
9am–3pm, Monday–Friday
Optional Extended Day from 8am–6pm
- Leader-In-Training programs for 8th grade+
- Financial Aid available
- Voted Bay Area's "Best Summer Day Camp" by *Bay Area Parent Magazine*, 2009–2017

Go to getsomeedmo.org to enroll

- \$50 OFF camp total for First-Time Families
- Plus \$20/WEEK SAVINGS until 2/28! Use code FIRSTFEBR18

Camp EDMO is powered by Edventure More, a year-round 501 (c)(3) non-profit enrichment organization. 5% of summer camp proceeds and 100% of donations support camper scholarships and subsidize the cost of non-refundable science, technology and nature programs in schools. First-Time Family Savings of \$50 for new families only, cannot be combined with any other First-Time or Referral Discounts and is subject to availability. Offer expires 6/30/18. EDVENTURE MORE is not affiliated, sponsored or endorsed by any private, charter, home, or public schools or school districts. 5% of Camp EDMO proceeds and 100% of our donations fund other enrichment and enrichment programs across the Bay Area and Sacramento Area. ©2018 EDMO



YSciT™

Young Scientists in Training

YSciT is launching a **brand new** STEM program in Rocklin



Students will gain Scientific Literacy by:

- Being exposed to the practical applications of Science
- Learning about the scientific method and its broader applications
- Engaging in scientific research and discussion

Become a Young Scientist: Training available

YSciT™ offers a new opportunity for young minds to actively observe, explore, and understand science.



Availability in our weekly workshops and day camps is limited.
Register ASAP to guarantee your spot.

Visit www.yscit.org or call (916) 410-3959 for locations and registration information.

We make science fun 

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Mix+Fizz=Reaction Workshops

Chemical reactions are fundamental to life and can also be very entertaining.

Young Scientists in Training will explore (WEAK) acid base reactions, find out the acidity in different food sources, identify presence of macromolecules in food and generate electricity and heat through fun and instructional experiments.

Session 1 - 2:30pm – 4pm February 12th – March 12th - Parks and Recreation Office Senior Meeting Room.

Session 2 - 4:15pm – 5:45pm February 12th – March 12th - Parks and Recreation Office Senior Meeting Room.

Session 3 - 3:30pm – 5:30pm February 6th – March 6th - Rocklin Event Center Room 107

Cost: \$115.00 (\$20 materials fee Included)

Courses offered at facilities provided by the Rocklin Parks and Recreation Department.

Links: www.rocklin.ca.us/post/yscit

For location and dates: www.yscit.org/registration



YSciT™

Young Scientists
in Training

Expanded STEM workshops
and day camps

www.YSciT.org

(916) 410-3959

YSciT - Young Scientists in Training does not and shall not discriminate on the basis of race, color, religion (creed), gender, gender expression, age, national origin (ancestry), disability, marital status, sexual orientation, or military status, in any of its activities or operations.

FREE PARENTING CLASSES

Building Hope

Building Hope is a parent-to-parent education program for parents, family members and caregivers who are raising a child with mental health and/or behavioral challenges. The purpose of the course is to provide education of children's mental health, treatment options, accessing mental health treatment and local resources available to help address child's mental health and/or behavioral needs.

Jan 29-May 7 | Mon 6:30-8:30pm

Co-Parenting

Co-Parenting is a 3-week class for separated/divorced, blended and foster/adopt families. Class material covers: understanding the hidden losses of the child, the role of the parent in co-parenting, and boundaries in communication. Come learn how to support the transient child (the child currently or having had lived in multiple homes)!

Jan 29-Feb 12 | Mon 6:30-8:30pm

Parenting the Love & Logic Way

Parenting the Love & Logic Way is a 6-week class for parents, caregivers and educators on child discipline and responsibility that helps parents raise self-confident, motivated children who are ready for the real world. The class covers loving, yet powerful tools for parenting children of all ages. Come learn discipline strategies that actually work!

Jan 29-Mar 12 | Mondays 6:30-8:30pm

Jan 30-Mar 13 | Tuesdays 6:30-8:30pm

Jan 31-Mar 14 | Wednesdays 9:30-11:30am

Coping with Anxiety & Stress for teens

Coping with Anxiety and Stress for Teens is a class designed to normalize teen's anxious feelings while also providing them with the knowledge and tools to recognize unhealthy levels of stress. This 3-week class offers teens (6-12th grade) interactive coping skills to help them reduce their anxiety levels at home and at school.

Jan 31-Feb 14 | Wed 3:30-4:30pm

Anger Management for adults and kids

We offer 3 week anger management classes. We offer one for kids (K-5th), it teaches children how to identify their feelings and learn healthy ways to express them in a fun and playful way! We also offer one for adults, it teaches them how to deal with stressors and tense situations in a positive, constructive manner.

Feb 28-Mar 14 | Wed 3:30-4:30pm (kids)

Mar 1-Mar 15 | Thur 6:30-8:30pm (adults)

Childcare provided for those who request it 24 hours in advance.

**FOR MORE INFORMATION AND TO REGISTER: [DESTINYCOMMUNITY.ORG/FAMILY](https://destinycommunity.org/family)
916-780-1873 | 6850 FIVE STAR BLVD, SUITE 3 | ROCKLIN, CA 95677**

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HOMESCHOOL ASSISTANCE

FREE Homework Assistance for kids in grades 1st-12th. Limited space available. Pre-registration required. Students may sign up for a maximum of 2 blocks per day (1 hour total per day). Students should bring homework and a pencil.

Jan 22 - May 3 | 3:30pm-6:00pm Mondays, Tuesdays & Thursdays

FINANCIAL PEACE

Your money made simple. Learn to control your money and prepare for the future with Dave Ramsey's Financial Peace course. This 9-week series is offered in 3 sections on Thursdays 6:30pm - 8:30pm.

Lessons 1-3 | Budgeting Basics | March 1-15
Super Saving, Relating with Money, and Cash Flow Planning

Lessons 4-6 | Debt Relief | March 22-April 12 *No class Mar 29
Dumping Debt, Buyer Beware, and The Role of Insurance

Lessons 7-9 | Investments/Retirement | April 19-May 3
Retirement and College Planning, Real Estate and Mortgages,
and The Great Misunderstanding

CAREER BUILDING

This 3-week workshop covers writing a winning resume, networking effectively and making a lasting impression in your interview.

Jan 30-Feb 13 | Tuesdays 6:30-7:30pm

April 10-24 | Tuesdays 6:30-7:30pm

ESL - ENGLISH AS A SECOND LANGUAGE

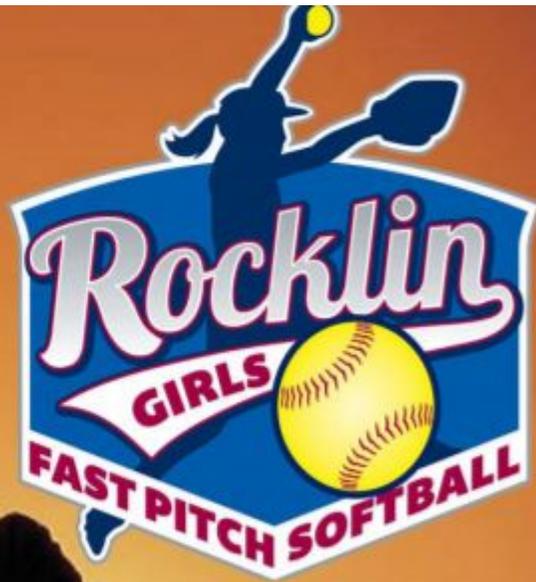
Beginning ESL provides beginning English to adults not fluent in English. This class covers conversational English including basic vocabulary and use of common phrases.

Tuesdays 6:30pm - 8:30pm | Jan 30-Mar 13

Childcare provided for those who request it 24 hours in advance.

**FOR MORE INFO AND TO REGISTER: [DESTINYCOMMUNITY.ORG/EDUCATION](https://destinycommunity.org/education)
916-780-1873 | 6850 FIVE STAR BLVD, SUITE 3 | ROCKLIN, CA 95677**

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Calling all girls ages 5-16 to Play Ball !

RGFPSL is committed to promoting recreational softball and social, physical, mental and moral development of young ladies of the Rocklin community.

2018 Season: March 9 - May 26
Early Registration: Nov 1 - Dec 3, 2017
Late Registration: Dec 4 - Jan 2, 2018
Ages: 6U (Tee Ball),
8U, 10U, 12U, 14/16U

www.RocklinGirlsSoftball.org

We look forward to educating players about sportsmanship, teamwork, fellowship, courtesy, discipline and integrity. Help us by volunteering as a Coach, Manager, Team Mom or Score Keeper !

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